

## Submission - Labelling review recommendation 17

Thank you for the opportunity to comment on the recommendation that the declaration in the nutrition information panel of amount of nutrients per serving be no longer mandatory unless a daily intake claim is made. The recommendation proposes that the only requirement should be to provide the amount per 100grams or 100mls, while still permitting manufacturers to provide per serving information voluntarily.

My child lives with a rare medical condition known as an Inborn Error of Metabolism (IEM). It is imperative to our daily intake of nutrients to have the nutritional panel clearly stating the per serve column. IEM disorders require daily monitoring and measuring of what food is consumed every day under supervision of specialised metabolic health professionals. Without adhering to a strictly medically controlled diet for life the effects on my child would be devastating resulting in irreparable neurological damage and in some cases liver failure and death.

Below is my submission as to why I would **NOT** support this recommendation to have the per serve no longer mandatory on the nutritional panel.

The NIP is extremely important to me and must remain on packaging because;

- Helps maintain correct daily measurement of
  - ☐ Protein
  - ☐ Carbohydrates
  - ☐ Fats
- Daily dietary intake will not be compromised due to calculation errors. Research shows that children who have chronic conditions do best at lifelong compliance if they are given independence managing their condition as early as possible.
- The per serve column is simplistic for caregivers/older children in assisting with counting of dietary intake. I have educated my child to read the per serving calculations which assists to adhere to their daily allowance.
- My child's health and quality of life is more important than Recommendation 17 which aims to reduce the regulatory burden on industry of formal cost-benefit analysis.

My child is 12 years old and, with the assistance of the Per Serve Column, has been involved in calculating his daily intake of protein (limited to just 6g per day) since he was eight years old. This column indicates portions such as "one slice" or "two biscuits" which enables young people with IEM's to calculate values easily and adults to more easily maintain the constant calculation without the use of scales for every item. This column also provides valuable information to inform the consumer's choice in supermarkets. An already arduous task for consumers with IEM's, selection of foods will be become much more difficult without the Per Serve Column to guide consumers on the approximate weight/volume of one serve. Without the Per Serve Column my son's already difficult and restrictive medical diet would become much more problematic to manage.

I urge you not to remove the Per Serve Column from the Nutritional Value panel on foods sold in Australia.

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